

Wednesday evening - February 12, 2014

17:00-17:45	Social opening	(snacks/drinks)
17.00-17.45	Social opening	(SHACKS/UTITIKS)

- 17:45-18:00 Welcome to BFE meeting by Erik Peper, Ph.D, BCB
- 18:00-18:15 Erik Peper, Ph.D, BCB introduces Inna Khazan, PhD, BCB
- 18:15-19:00 Invited lecture by Inna Khazan, Ph.D, BCB
- 19:00-19:05 Don Moss, PhD. introduces Stephen Porges, Ph.D
- 19:05-20:00 Invited lecture by Stephen Porges, Ph.D

Thursday Overview - February 13, 2014

- 09:00-10:00 Invited talk by Ute Strehl, Ph.D, MSc.
- 10:00-11:00 Concussions: what is going on? Linda Thompson, Ph.D, BCN, Michael Thompson, MD, Jay Gunkelman, QEEGD
- 11:00-11:30 Break and poster session
- 11:30-12:30 SEMG making the invisible visible. Gabe Sella, MD, Erik Peper, Ph.D, Annette Booiman, PT

	Biofeedback Track A	Biofeedback Track B	Italian Track
12:30-13:30	Biofeedback/pain and	Evidence based	ADHD, HRV, Sport, Stress,
Session 1	drug use	biofeedback	Business, Performance
			(starts at 09:00 - see below
			for further program details)

13:30-14:30 Lunch on your own or 13h30 to 14:30 set meal in cafeteria

	Biofeedback Track	Neurofeedback Track	Italian Track
14:30-16:30	What is up with HRV	Understanding Sufi piercing	Biofeedback and Stress
Session 2		Neurofeedback	Management
16:30-17:30	BREAK AND POSTERS	BREAK AND POSTERS	BREAK AND POSTERS
17:30-19:00	New approach to	Neurofeedback	Neurofeedback training
Session 3	Biofeedback		

19:30-22:00 Program closing get together at local restaurant (5-mins from IUSVE)

Thursday Program

- 09:00-10:00 Invited talk by Ute Strehl, Ph.D, MSc. (introduced by Jay Gunkelman QEEGD) Neurofeedback = operant conditioning? What we can learn from learning theory in order to establish (optimize) neurofeedback protocols in practice and research 45 minute presentation and 10 minutes of questions
- 10:00-11:00 *Concussions what is going on.* (Chair: Prof. Nicola Giacopini, IUSVE) 45 minutes presentation and 10 minutes of questions

Concussion Hits Hard: Recovery from the Multiple Effects of Concussion Linda Thompson, Ph.D, BCN; Michael Thompson MD

TBI Diagnosis and Treatment: Utility of EEG/qEEG and ERP Jay Gunkelman, QEEGD

11:00 -11:30 *** MORNING BREAK VISIT EXHIBITS AND POSTERS ***

11:30-12:30 Making the invisible visible-Electromyography for diagnosis & treatment Chair Fred Shaffer, Ph.D. Each presentation 15 minutes

> Reducing chronic pain with SEMG feedback pandiculations; Case example of chronic neck and head pain Erik Peper, Ph.D

What the Sella Protocol can tell us about muscle functioning Annette Booiman, PT

SEMG, a fun and useful tool in muscular dysfunction investigation and rehabilitation Gabriel E. Sella, MD

Biofeedback Track A

12:30-13:30 Session 1A Paper session *Biofeedback/Pain and Drug use* (Chair: Dott. Giovani Marchioro, IUSVE)

> The role of biofeedback in Cocaine addiction treatment **Barbara Santini, Ph.D,** Benato Sara, Andrea Pasetto, Gianandrea Perego, Roberta Setti, Federica Turri, Franco Baldini, Loredana Pagliarani

Biofeedback in the prophylactic treatment of chronic migraine with drug overuse: A randomized study-preliminary results. **Marialuisa Rausa,** Daniela Palomba, Anna Franco, Sabina Cevoli, Giulia Pierangeli

Adding a mindfulness based meditation component to biofeedback treatment in the pain management of medically complex patients. **Urszula Klich, Ph.D**

Biofeedback Track B

12:30-13:30 Session 1B Paper session *Evidence-Based Medicine* (Chair: Fred Shaffer, Ph.D)

From coronary stenting to psychophysiological rehabilitation - model of psychophysiological interventions for cardiac patients. **Ralph Sztembis, MD**

Biofeedback as an Evidence-Based Intervention in Pediatrics **Don Moss, Ph.D**

Integration of Biofeedback into European Health Systems Lothar Niepoth, Ph.D

13:30-14:30 *** LUNCH IN THE CAFETERIA OR ON YOUR OWN ***

14:30-16:30 Session 2 Paper session *What is up with HRV* (Chair/discussant Davide Pierini)

Resonant Frequency Breathing for Stress Management and Increased Heart Rate Variability for University Students **Katie Steck, B.S.,** Louise Fidalgo, Barbara Morrell, PhD, BCB, Patrick Steffen

Heart Rate Variability: what if mind-body integration lies in a breath? Carlo A. Pruneti , Ph.D, Chiara Cosentino, Domenico Sgromo

Comparison of eurythmy therapy and heart rate variability biofeedback to reduce stress in nurses-a randomized controlled trial Vagedes J, Ph.D., Ranger A' Helmert E, Meule A, Kübler A

16:30 -17:30 *** AFTERNOON BREAK VISIT EXHIBITS AND POSTERS ***

17:30-19:00 Session 3 Paper session *New Approaches for health and biofeedback* (Chair: Ralph Sztembis, MD; Discussant Inna Khazan, Ph.D)

> Exercising for Attention Lindsay Thornton, Ph.D., Alex Thornton

Applications of Biofeedback in Musical Performance. Marja Mosk, Ph.D

Providing Biofeedback Services from a Distance: Lessons Learned from Telehealth **Raymond A. Folen**, Sarah D. Miyahira

Cognitive functioning in elders: could the GSR be a reliable marker of memorization, rememorization and learning ? Carlo A. Pruneti, D. Sgromo, C. Cosentino

19:30 *** SOCIAL GATHERING AT LOCAL RESTAURANT*** *** SNACKS AND CLOSING TOAST ***

Neurofeedback Track

- 14:30-15:30 Session 1: Symposia Understanding Sufi self-piercing through physiological and EEG recordings-Implications for optimizing healing (Chair Erik Peper)
 Erik Peper, Ph.D. Howard Hall, Ph.D, Thomas F. Collura, Ph.D. and Annette Booiman, MSCT
- 15:30-16:30 Session 2: Paper session: EEG(Chair Paul G. Swingle, Ph.D)

Neurofeedback treatments enable the EEG-normalization and total seizure control of epilepsy – A Case Study Rivi Sela, M.S.W, CEO of BrainGames-Israel Clinics

A Large Clinical Study on Medication Failure in Refractory Cases: EEG/qEEG Findings Provide Evidence and Direction **Ron J. Swatzyna, Ph.D**

QEEG-neurometric analysis guided Neurofeedback (NF) treatment in dementia: 20 cases. How neurometric analysis is important for the treatment of dementia as well as diagnosis?

Tanju Surmeli, MD, BCN, Ayben Ertem, M.S., Ismet H. Kos, M.D., Emin Eralp, B.A.

16:30-17:30 *** AFTERNOON BREAK VISIT EXHIBITS AND POSTERS ***

17:30-19:00 Session 3 Paper session: EEG (Chair: Dott. Giuseppe Sacco) The efficacy of HRV Biofeedback and Neurofeedback for a case of Chemotherapy induced Peripheral Neuropathy Morayo Jimoh, Ph.D

Can EEG Biofeedback (Neurofeedback) improve executive functions in Autism: Two case studies

Morayo Jimoh, Ph.D

Evaluation of the efficacy of neurofeedback training compared with traditional approaches for children with autism. **Sobaniec Piotr, MSc** Milena Żochowska, Magdalena Cholewa

The Role and Function of The Alpha-Wave and an Evaluation of the Effects of Its Enhancement With Cranial Electrotherapy Stimulation. **Lesley Parkinson, Ph.D**, Alan Parkinson

Mismatch negativity and Neurofeedback training to improve cognitive skills in people with intellectual developmental disorders. **Sara Ottonello, Dott,** Gualtiero Reali, Giuliano Monteleone, Marco Bertelli

Italian Track (presented in Italian)

- 09:00-11:00 (Chair: Prof. Nicola Giacopini) Latest approaches, research and applications in biofeedback in Italy: Mental health, pelvic floor health, chronic pain and cognitive rehabilitation. 4 presentations 20 minutes 40 minutes for questions and answers
- 11:00-11:30 Break and poster session
- 11:30-13:30 Session 1 Symposium *Biofeedback in Italy* (Chair: Prof. Nicola Giacopini) ADHD, Sport, Stress, Business, Performance (IUSVE), 3 presentations 30 minutes 30 minutes for questions and answers
- 14:30-16:30 Session 2 Symposium *Biofeedback and stress management in occupational contexts* (Chair: Prof. Sacco)
 Daniela Palomba, Dott, Giulio Vidotto, Giorgio Bertolotti, Ines Giorgi, Marianna Munafò, Davide Massidda, Elisabetta Patron

16:30 -17:30 *** AFTERNOON BREAK VISIT EXHIBITS AND POSTERS ***

17:30-19:00 Session 3 Symposium Neurofeedback training: clinical applications and performance improvements (Chair: Prof. Bertolotti, Discussant: Davide Pierini)

> Introduzione: Neurofeedback in psychological practice Andrea Fantini: Centro Nous, Rimini

Thompson's protocol in ADHD Luciana Lorenzon: Medicina e Sviluppo, Treviso; Simona Calzone: Centro Nous, Rimini

Neurofeedback training for Tourette Syndrome Elena Barel; Luciana Lorenzon; Amerigo Zanella: La Nostra Famiglia, Oderzo

EEG Biofeedback training improves sport performance abilities Monica Conz, Luciana Lorenzon, Simona Carniato: Medicina e Sviluppo, Treviso

19:30 *** SOCIAL GATHERING AT LOCAL RESTAURANT*** *** SNACKS AND CLOSING TOAST ***